



RE-KEE SERVICES

INTEGRATIVE WELLNESS & RESOURCE CENTER



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Partnership Programs

Re-Kee Services is excited to partner with you to further expand its reach and mission of service. Re-Kee Services is a Holistic Health & Business Network offering services to the community that supports the mind, body, spirit, and financial well-being.

Below is a preliminary list of services and workshop, that Re-Kee Services believes will benefit your team:

Practitioner and Vendor Holistic Health Offerings

Practitioners' offerings:

- Career Coaching
- Career Intuitive Support
- Chakra Alignment & Balancing
- Digital Voice Analyzer and Body Scan
- Herbal Remedies
- Hypnotherapy
- Iridology
- Manifestation and Life Coaching
- Massage Therapy
- Medical Intuitive Support
- Music & Sound Therapy
- Natural Foot Care
- Naturopathy
- Nutritional Consultation
- Quantum Massage
- Reflexology
- Reiki & Energy Healing Work
- Spiritual Counseling

Vendors offerings:

- Business Consultation
- Hand-crafted Jewelry
- Healing Products (*including Candles, Crystals, and Incense*)
- Herbal Health Products
- Natural Herbal Products
- Natural Holistic Foods
- Weight Loss Products

Seminars and Workshops:

- Business Management Tips
- Heart Integration Classes
- Holistic Eating
- Manifestation
- Reiki Certification
- Relationships
- Tai Chi
- Understanding Sacred Sexuality and Tantra
- Vulnerability & Intimacy
- Weight Loss



Seminars

Re-Kee Services can disseminate information and teach on a wide array of topics:

CAREER CONSULTING & MENTORSHIP. Can't decide on your career or life path? Thoughts of even changing careers mid-life? We offer; Seminars, workshops and even one on one career guidance for youth and adults throughout the year.

MEN'S HEALTH. How to maximize health, and reverse and prevent common ailments for men (prostate cancer, high blood pressure, etc.)

NATURAL FOODS AND HERBS THAT HEAL. Find out how to heal your body simply by eating the right types of foods. Info on how to battle diabetes, obesity, joint pain, halitosis, cancer, psoriasis, and a host of other ailments – all through food!

OPENING UP TO INTIMACY & VULNERABILITY. How To Deepen Your Relationships and Intimacy. A seminar on how to deepen your connection to yourself and others through opening up, and experiencing the power of deeper connections and intimacy.

RUNNING A SMALL BUSINESS 101. Business Management Tips, training, structure, and what you need to start a small business.

WEIGHT LOSS. How to lose weight without pills, or the harmful side effects of pharmaceutical drugs.

WOMEN'S HEALTH. How to maximize health, and reverse and prevent common ailments for women (urinary tract infections and fibromyalgia, etc.)

YOUTH ENTREPRENEURIAL BUSINESS LITERACY. Educating today's youth on financial independence and business acumen.



Trainings and Workshops

Re-Kee Services can disseminate information and teach on a wide array of topics:

BREATHART BY LAURA™. Focuses on your breath through breathwork techniques that create abstract art. This helps with the release of stress hormones, increases blood circulation within the body, and aids with mental clarity.

GUIDED MEDITATION. Masters teach the ancient art of meditation to still the mind, improve brain function, focus, and memory.

HEART INTEGRATION WORKSHOPS. Provides access to dormant gifts and attributes. Perform high level work to learn coherence – how to unblock your heart – and understanding “heart over ego.” Perfect all aspects of Healing, and Higher Awareness of SELF.

KUNDALINI FOR COUPLES. A workshop where couples are taught how to raise each other's Kundalini Energy (the energy of vitality, love and health) in one another to achieve optimum health, and break through personal barriers.

LABOR EMPOWERMENT AND THE BIRTHING PROCESS. Bringing Birth Empowerment classes to you in person or anywhere in the world via virtual online classes and offering placenta encapsulation and tinctures, a healing method that has incredible benefits for mother and family.

POWER OF MANIFESTATION. Learn how to construct a Vision Board as the first aid in manifestation. Learn how to construct affirmations to support your Vision Board and ultimate goals.

REIKI MASTERSHIP CLASSES. Students are taught the ancient healing art of Reiki and are given their Mastership at the end of the 2-day course over the weekend. This is a hands-on course.

TAI CHI. Learn by doing the ancient art of Tai Chi to help with lowering stress and blood pressure, increasing better sleep, and much more.

YOGA CLASSES. Physically support the body with strengthening, stretching, and breathing exercises from the ancient art of yoga to support healthy organ, muscle, cardiovascular, and metabolic functions.



PACKAGE PROGRAMS FOR GROUPS

Queen For A Day

Women's Pamper Parties. A special interactive event for women to give them everything they need to relax and feel like a queen:

- » Body Massages
- » Facials
- » Foot Massages
- » Healthy Foods
- » Herbal and Natural Spa Products
- » Manicures,
- » Music and Sound Therapies
- » Pedicures
- » Reflexology
- » Reiki/Energy Work
- » Spiritual Readings

King for a Day

A special interactive event for men to give them everything they need to relax and feel like a king:

- » Barber Services
- » Body Massages
- » Facials
- » Foot Massages
- » Healthy Foods
- » Herbal and Natural Spa Products
- » Manicures
- » Pedicures
- » Reflexology
- » Reiki/Energy Work
- » Spiritual Readings

